



Gresford Public School Newsletter

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Principal's Message

Thanks to our pro-active **P&C** we are able to provide many extras for our students with significant cost savings to families. An example of this was the \$2000 grant from the 'Cattle Account' which has been added to the Art Carnival Fund which is earmarked to support literacy and creative arts programs in the school. As with all things, costs are escalating and extra funding sources are now heavily relied upon to continue to provide the quality education our children deserve.

Please consider participating in P&C activities as a way of supporting your child's education. Meetings are held every third Friday morning of the month, in the library at 10 am.

With the school being classified as a **Priority School** for 2013, we are considering a range of possibilities to enhance the learning of all and in particular, to target disadvantage. Parent input is invited into decisions regarding this initiative. Angela Kelehear has kindly offered her support for this committee and others are welcome to be involved. Please contact the school if you are interested.

With the end of the year approaching, we carefully evaluate the progress we have made with regard to our **strategic planning**. Surveys will be sent home in the next few weeks so that all families can give input into evaluations and

forward planning. Information from these surveys and other data collections will be used to draw up the management plan for 2013. An analysis of these findings will be published in the annual school report.

The school will shortly be undergoing a regular financial and work health and safety **audit**. There are a few changes to the work health and safety practices as a result of new guidelines. It is important that all volunteers sign in as a visitor at the office and read the workplace safety brochure we have at the counter. Regular evacuation and lockdown practices are held so that children, staff and volunteers are confident with these important procedures.

Our **playground markings** have brightened our play areas significantly and it is great to see children actively engaged in the variety of games they provide. Thanks go to our senior students who taught the younger students how to play the range of games. Funding for these markings to be done was provided through the **"Live Life Well"** initiative which also supports our breakfast program and garden and chook raising programs. Mrs. Moon has been a wonderful support to students in tending the vegetable garden which is flourishing and will soon be producing good fresh food.

Remembrance Day this year falls on Sunday, 11th November but we are hopeful that as many students

from our school as possible will be able to attend the service at the cenotaph in Gresford at 11 am. We will hold a short service at school on Friday morning, 9th November. We would be grateful if children could again bring flowers for wreaths to be laid at school and at the cenotaph.

Our **cricket team** has been practising for their next game and it is good to see some girls keenly involved.

Any parents wishing to nominate their child for enrolment in **selective high school placement** for Year 7 in 2014, are invited to apply online at https://detwww.det.nsw.edu.au/directorates/schoimpro/EMD/shs_publications.htm Further information is available at the office.

Professional learning for teachers this fortnight has been in the areas of work health and safety, behaviour management and early childhood learning.

Kind regards,

Pauline

*"Experience is the
art of not
making the same
mistake too
many times."*

Lunch Box Snack Foods

Children need to eat a range of different foods to provide nutrients to meet growth and energy needs. Snacks need to be 'everyday foods' rather than 'sometime foods'.

Everyday Snacks	Sometimes Snacks
Fruit loaf	Muesli bars and dried fruit bars
Plain popcorn	Potato crisps / chips and corn chips
Plain or fruit yoghurt	Lollies and confectionary
Cheese and crackers	Chocolate
Fresh fruit or canned fruit	Cordial
Dried fruit and cheese cubes	Soft drink
Wholemeal biscuits or crackers	
Vegetable sticks and dip or salsa	
Corn or rice cakes with or without spreads	
Celery, cherry tomatoes and carrot sticks	

Confectionary and lollies are very high in sugar, provide extra kilojoules and cause tooth decay. They are not recommended for lunch boxes. Keep these foods for special occasions only.

Environmentally friendly snack foods

Choose an apple, mandarin, orange, pear, banana, plum, mangoes, pieces of melons, nectarines, peaches or other fresh seasonal fruit for a quick, easy, environmentally friendly snack. No packaging, full of nutrients and antioxidants, plus it tastes delicious!

Treats for special occasions

Food is an important part of special occasions for everyone and should be enjoyed. Your child may be invited to a party with lots of foods high in fat and sugar or to a meal at a fast food restaurant. These meals will do no harm as long as they are only eaten occasionally. But remember children's parties don't need to be filled with junk food to be fun. Try to include some healthy foods as well. Here are some suggestions:

- ✓ pretzels
- ✓ frozen orange wedges
- ✓ mini pizzas
- ✓ hummus and pita bread
- ✓ fruit platters
- ✓ cheese cubes and crackers
- ✓ fresh berries
- ✓ vegetable sticks and rice cracker with dips
- ✓ finger sandwiches
- ✓ toasted Lebanese bread in place of corn chips and crisps



Values Awards

Ella Osmond

Jack Hodges

Hannah Redhouse

Taylah Joliffe

Acelyn Towers-Brown



MERIT AWARDS

K/1

Ozzy Towers-Brown

Charlize Tucker

2/3

Claire Lawrence

Shaelyn Crouch

4/5/6

Jake Edwards

Ruby Varley



Library Award

Saban Bevan

Courtney Lawrence



Kaitlin Horn

Emma Hooper

Amber Smith

Ryan Skolyszevski

Ziz O'Brien Cavanough

Wednesday October 31

Spooktacula Halloween Day at The Tucker Box

NOVEMBER 2012

Wednesday 7th - Kinder Orientation

Wednesday 14th - Kinder Orientation

Friday 16th - P & C meeting. All welcome!

Wednesday 21st - Kinder Orientation

**** Please note that our Presentation Evening will be on Tuesday, 18th December from 6.00pm****

Christmas is Coming!

Once again we have decided to support those families less fortunate than ourselves by gathering goodies for Christmas hampers.

This initiative is being run by the Samaritans who will oversee the distribution to families in need.

Each class has a clothes basket which we hope can be filled with food items to brighten another family's Christmas.

Your donations of such items will be gratefully accepted.

The Staff and Students of Gresford Public School



The Tucker Box News

Everyone should now have the new summer menu for Term 4, if not please organise to get one. There has been some price changes and a few menu items are not available anymore.

There is a couple of price corrections to make note of.

Smooze's are now only 60cents and the new **Petite Muffins** are also 60cents.

We are going to have to some fun next week. The Tucker Box is having a

Spooktacula Halloween Day

on

WEDNESDAY 31 OCTOBER.

There will be prizes for the scariest decorated lunch bags and anyone that orders will have the chance to win a canteen voucher.

The special order bag is with this newsletter, so please return them by

MONDAY 29 OCTOBER with money.

We will also have other spooky treats available to purchase on the day. Please note that the regular canteen items will also be available on the day.

Thanks for your support of your canteen,

Sylvia and Kristy